Career Dharma

The Natural Art of Work



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Ruchira S. Datta

Career Dharma System

Nine timeless principles to identify and live your ideal career

with the Best Datta book & course

1. Identifying your ideal career field and prosperity type
2. Learning the secrets of making your work deeply meaningful
3. Progressing towards dharmic mastery
4. The whole system for peace and prosperity

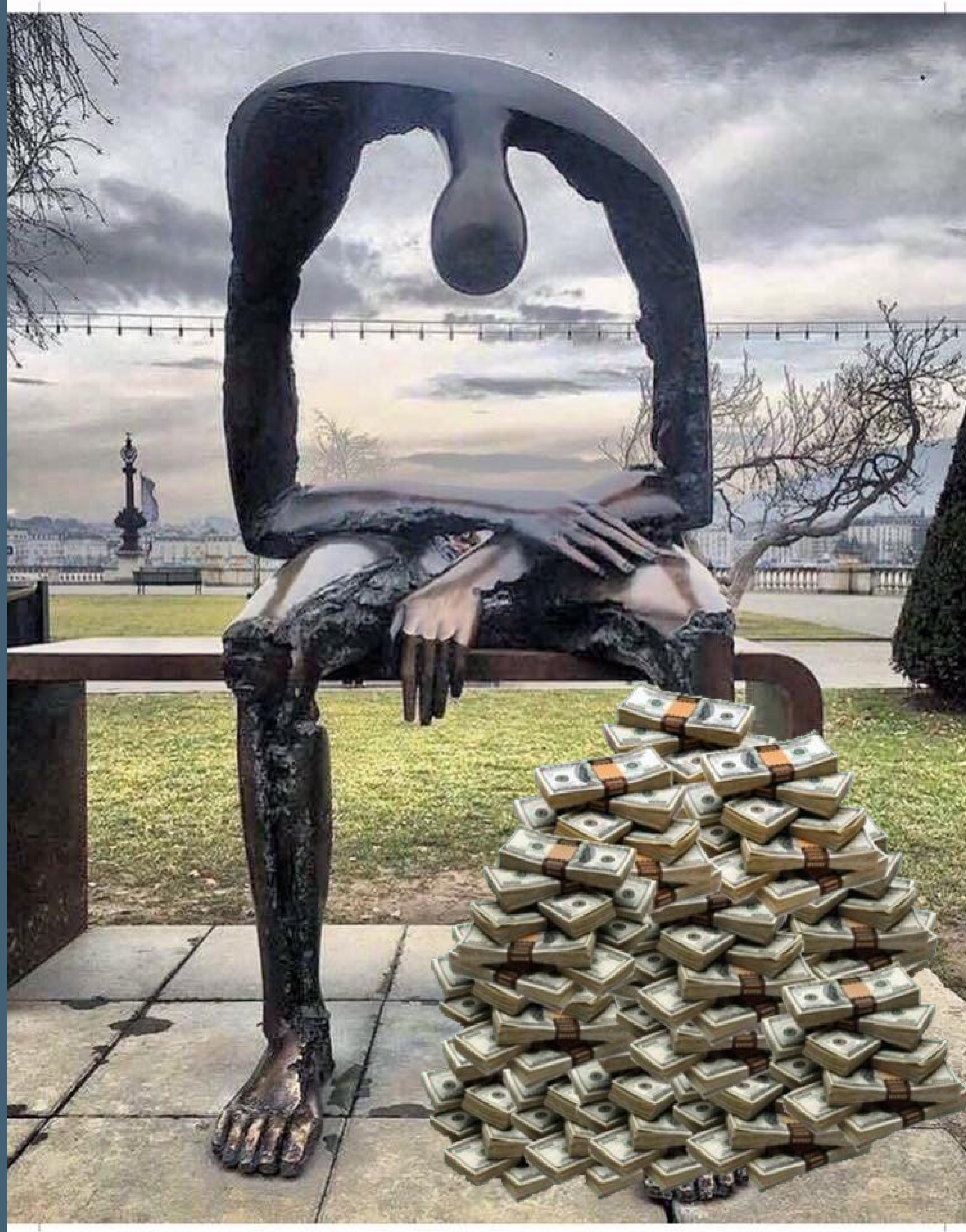
Nine principles of Career Dharma

1. Connecting our nature with our livelihood
2. Advancing through life while nourishing our nature
3. Extending our prosperity to others
4. Ethical and meaningful work of value
5. Delight in cherishing our prosperity and field of work
6. Having celebrations of the sacred in our life and work
7. Above the shades of ego
8. Maintaining societal balance: cooperation between the fields and competition within the fields
9. All-inclusive sustainable prosperity

1. Identifying my prosperity type and career field

1. Principle 1: Connecting our nature with our livelihood
2. Principle 2: Advancing through life while nourishing our nature

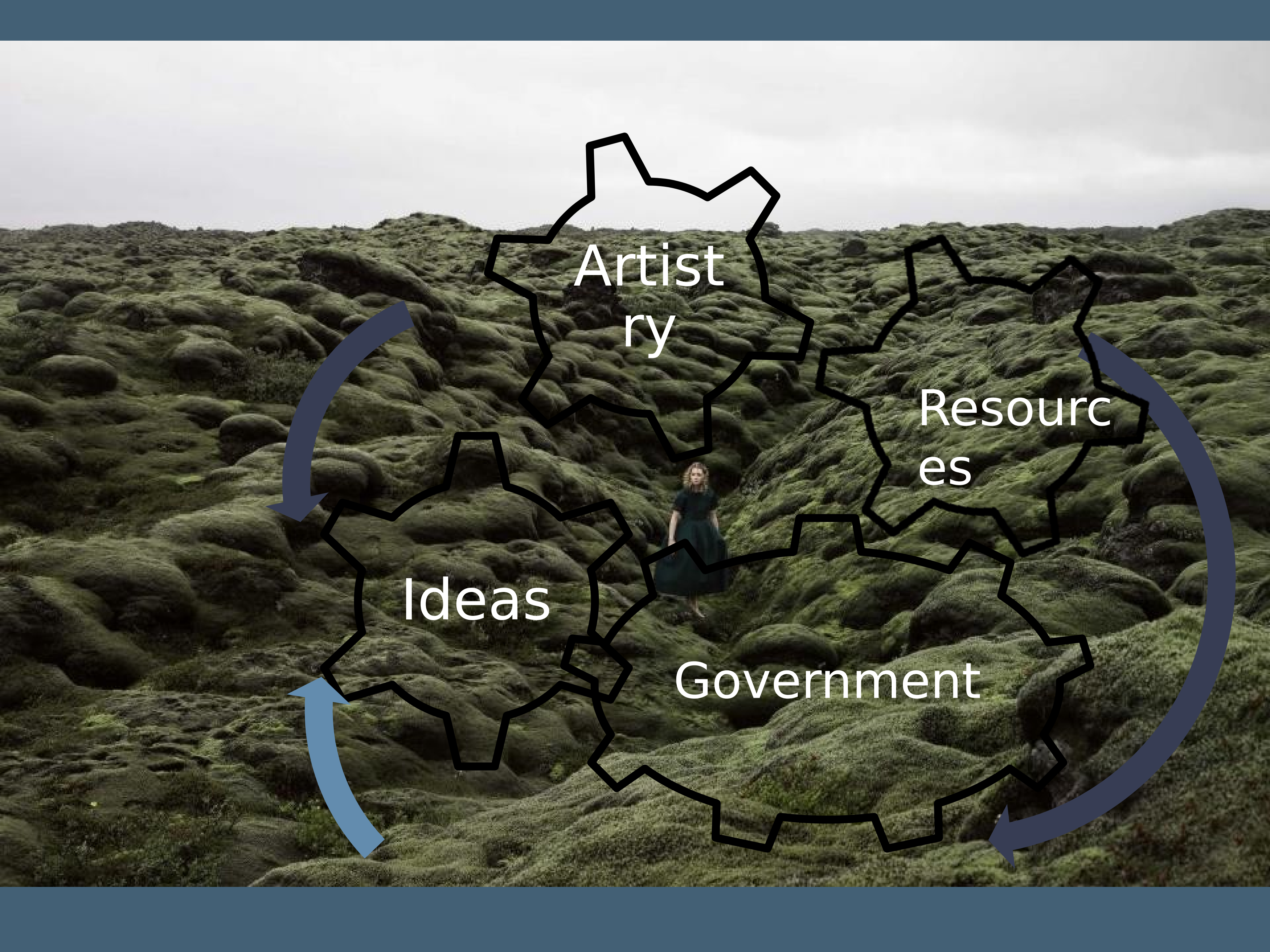




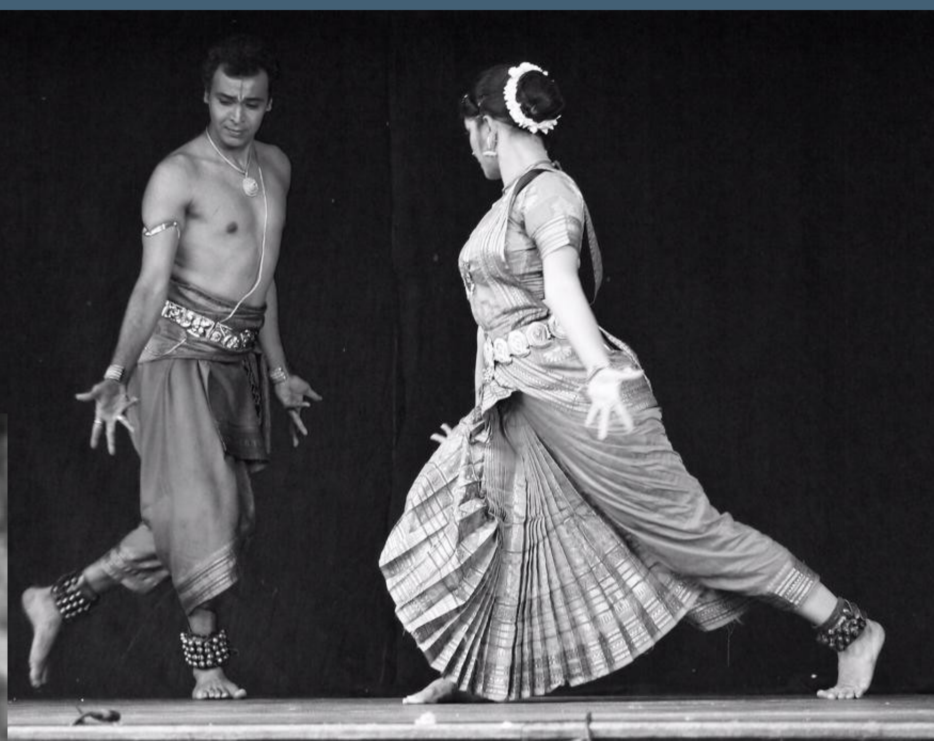




Type of Prosperity	Definition
Aishvarya	Organizational leadership, money, and luxury
Jnana	Knowledge, wisdom
Virya	Strength, power, and health
Shri	Splendid beauty, gracefulness, charismatic leadership
Yasha	Meritorious fame and community
Vairagya	Equanimity and freedom


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Ideas
Government
















The Maids
The Maids
The Maids




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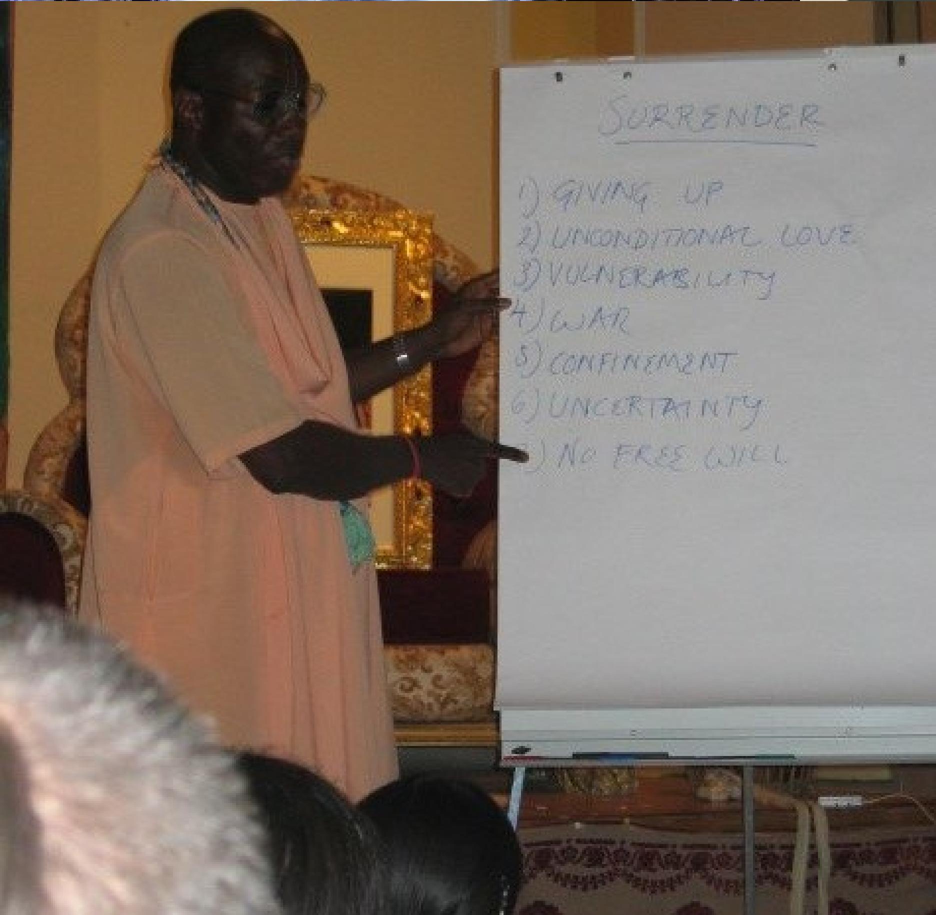



MARTIN









SURRENDER
1) GIVING UP
2) UNCONDITIONAL LOVE
3) VULNERABILITY
4) WAR
5) CONFINEMENT
6) UNCERTAINTY
) NO FREE WILL











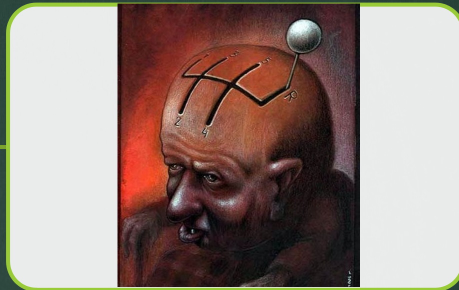


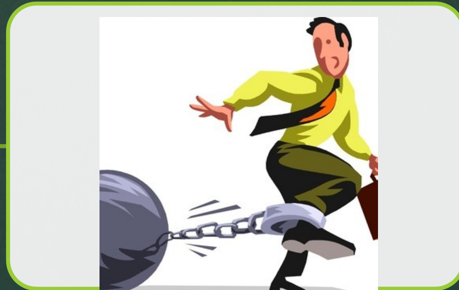



Another’s path
is bhayāvahaḥ:
a vehicle of fear

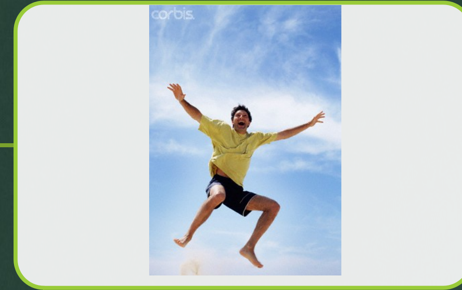
Other dharma







My dharma







1. Identifying my prosperity type and career field

1. Principle 1: Connecting our nature with our livelihood
2. Principle 2: Advancing through life while nourishing our nature







5
KURT











2. Finding satisfaction and purpose in our work

3. Principle 3: Extending our prosperity to others
4. Principle 4: Ethical and meaningful work of value



United Efforts of Compassion


DONATE

Type of Prosperity	Definition	Sample ways to give that type of prosperity in charity
Aishvarya	Organizational leadership, money, and luxury	organize community in festivals or sit on the local civilian review board overseeing the police
Jnana	Knowledge, wisdom	tutor local children or research what can have a positive impact on our community
Virya	Strength, power, and health	might volunteer for disaster preparedness and relief, or act as a lifeguard at the public pool
Shri	Splendid beauty, gracefulness, charismatic leadership	paint murals celebrating our neighborhood, or sing in a choir or kirtan
Yasha	Meritorious fame and community	headline fundraisers for community in causes, or help talented people gain recognition and advancement opportunities
	Equanimity and	help in a charity drive encouraging

2. Finding satisfaction and purpose in our work

3. Principle 3: Extending our prosperity to others
4. Principle 4: Ethical and meaningful work of value









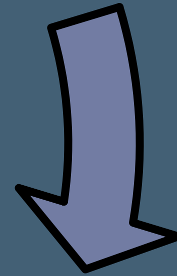

Self-
Actualization
Esteem Needs
Social Needs
Safety Needs
Physiological Needs

Love

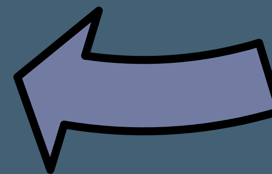
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Dharma



Prosperity



Pleasure

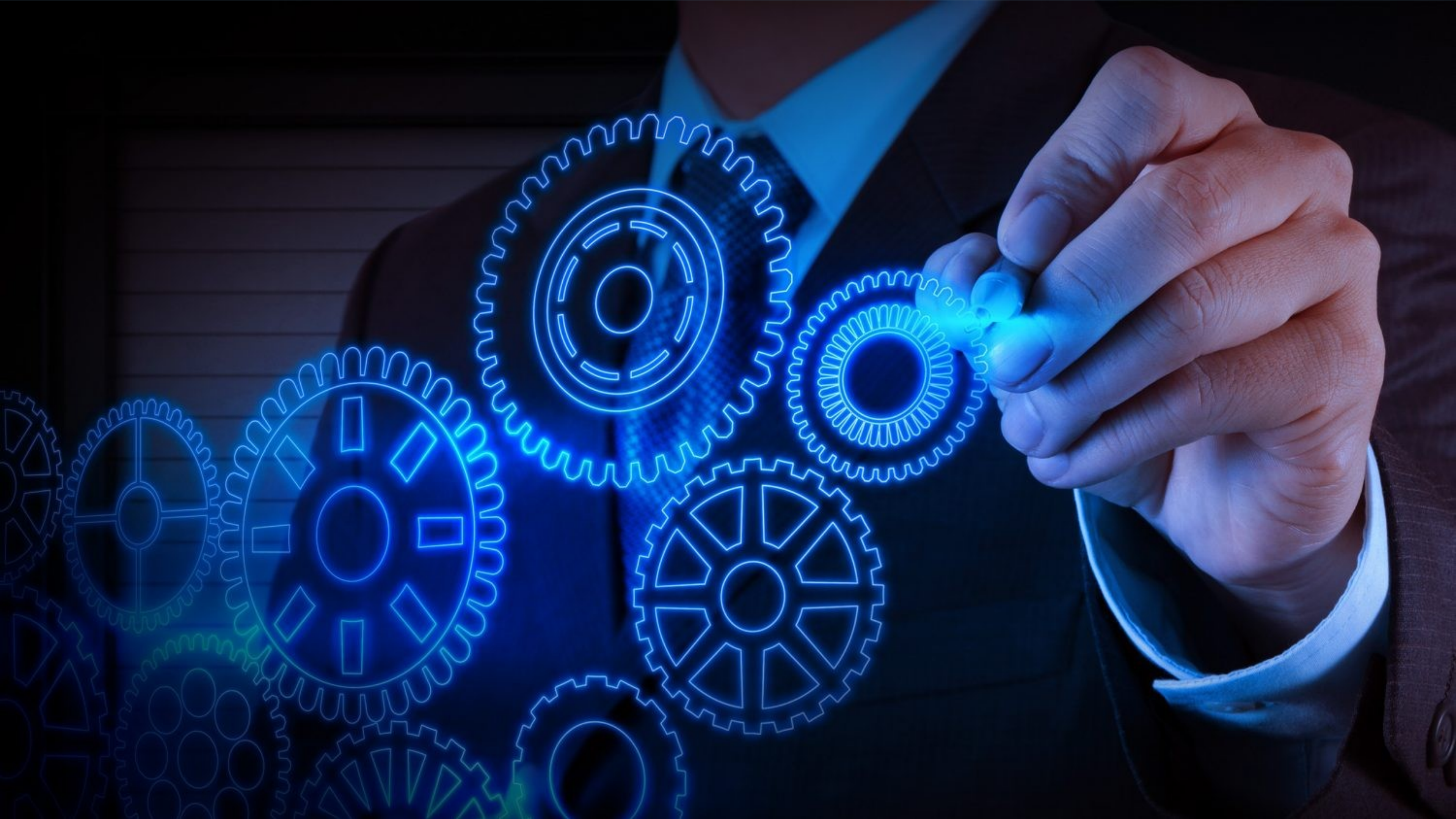


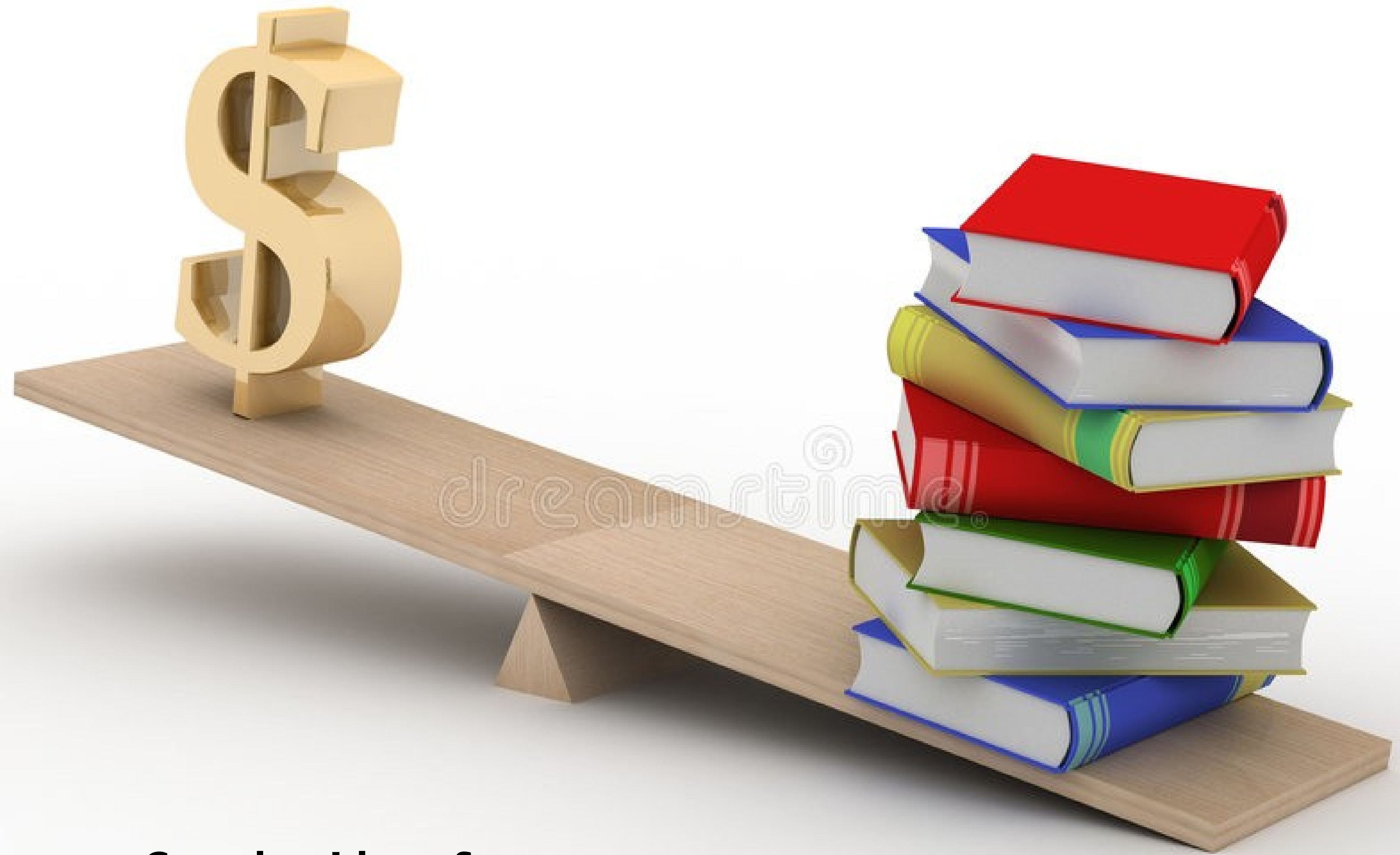


Crossing Government & Resources



Crossing Government & Ideas:





Crossing Ideas & Resources:

Crossing Government & Artistry:




Crossing Ideas &
Artistry:



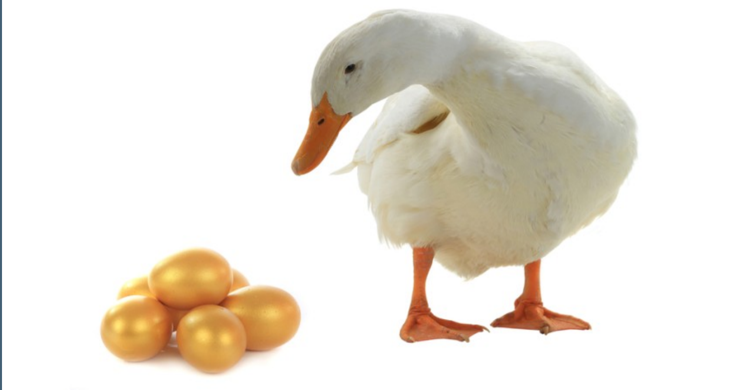


Crossing Resources & Artistry:

3. Progressing to dharmic mastery

5. Principle 5: Delight in cherishing our prosperity and field of work
6. Principles 6: Having celebrations of the sacred in our life and work
7. Principle 7: Above the shades of ego



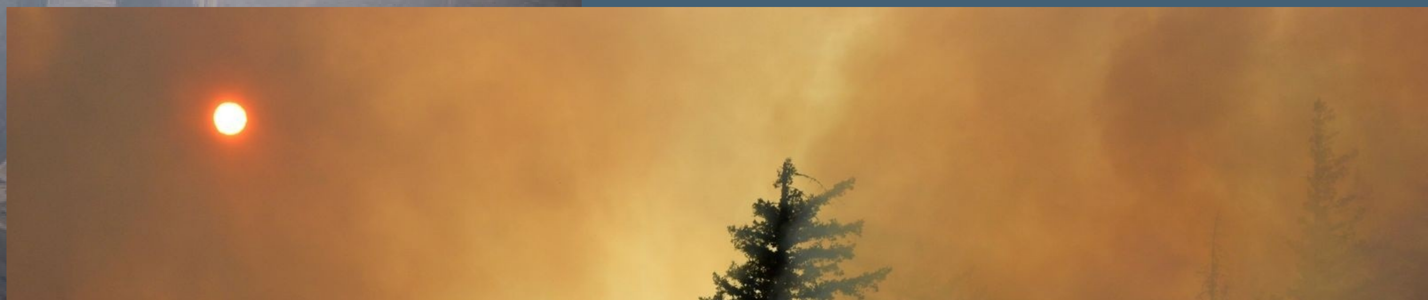












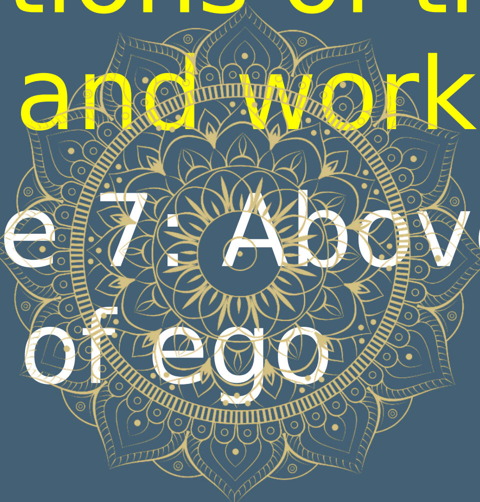


Type of Prosperity	Cherishing
Aishvarya	Nurturing and empowering others to gain mutual prosperity Make others feel smart and competent
Jnana	Remember that some of what we think we know may be mistaken, and we may not even know to what extent or in what area we are wrong Love understanding, clarity, and insight for how they help ourselves and others Keep the emotional side
Virya	Producing healthy food, fabric, and medicines even if it's somewhat less profitable in the short run Use the strength of weapons and law for the good of others Using one's natural strength and skill without resorting to chemical enhancements that give one an unfair advantage
Shri	Keep high standards of fairness and quality, not using beauty for personal advantage
Yasha	Guard against using our reputation, status, and high regard to insist that others show us deference even when we are wrong keep trust and integrity
Vairagya	Keep humility and sacrificing for the sake of others and ideals

Field	Cherishing (partial list)
Artistry	Keep high quality in one's craft Serve one's customers and clients with respect Keep prices honest
Government	Keeping the principle of serving people uppermost Sacrificing one's personal interests for the greater good Taking care of everyone's needs, without special interests Equality of justice Collecting wealth fairly and not using funds for personal gain
Resources	Treat plants and animals with loving kindness and respect Keep the land, air, and water clean in long-term planning Treat employees with fairness and respect Have all financial dealings honest
Ideas	Dedication to truth applied beneficially Being neutral, impartial, and objective Avoiding being under others' financial control Respecting the expertise of those who have training and experience in their own areas of knowledge

3. Progressing to dharmic mastery

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3. Progressing to dharmic mastery

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7. Principle … ve the shades o…



Tamas	Sattva	Rajas
Ease and comfort	Inner fulfilment	Ambition
Simple sensual pleasures	Harmony and balance	Expansive sensual pleasures
Facilitates sleep	Facilitates spiritual awareness	Facilitates external accomplishments
Fear and delusion are dominant	Truth is dominant	Desire and attachment are dominant
Almost completely hides awareness of what are good decisions	Reveals what are good decisions	Partially hides and reveals awareness of what are good decisions
Tendency to avoidance or impulsive violence rather than solutions	Solutions lead to long-term sustainable good	Solutions tend to create more problems
Self-centered	True equal vision of living beings	Partisan spirit
Blame and vengeance	Personal accountability and growth	Blame and justice

Tamas: Pollutes and Fouls the River of Life



Rajas: Pushes and Forces the River of Life



Sattva: Plunges into and Floats in the River of Life





Above the shades: Plays and Frolics in the River of Life



The Shades of Ego when we give in charity

Above the shades of ego

- Like *sattva* but to please our Source

Sattva:

- Given because it is the right thing to do
- Without expectation of return
- Proper time and place and to a worthy person

Rajas:

- With expectation of return or desire for personal benefit
- In a grudging mood
- With regret later
- Out of obligation, as when a superior demands us

Tamas:

- At an impure place, improper time, and to unworthy persons
- Without proper attention and respect

The shades of ego when we’re at work

Tamas: disengaged, base, stubborn, deceitful, insulting to others, lazy, morose, and procrastinating

Rajas: attached, desiring to get the results of work, greedy, habitually envious and aggressive towards others, impure, and constantly buffeted by waves of joy on success and misery on failure

Sattva: without attachment, without false identification, with great determination and enthusiasm, and without wavering in success or failure

Getting above the shades of ego



- Let go of desires to enjoy the six prosperities without cherishing them
- Let go of the ego of ownership
- Let go of lethargy born of “fever”



- Dedicate our work to the ultimate source
- Keep awareness of our spiritual self
- Work according to our nature



4. The whole system for peace and prosperity

8. Principle 8: Maintaining societal balance: cooperation between the fields and competition within the fields
9. Principle 9: All-inclusive sustainable prosperity










and




CYCLONES
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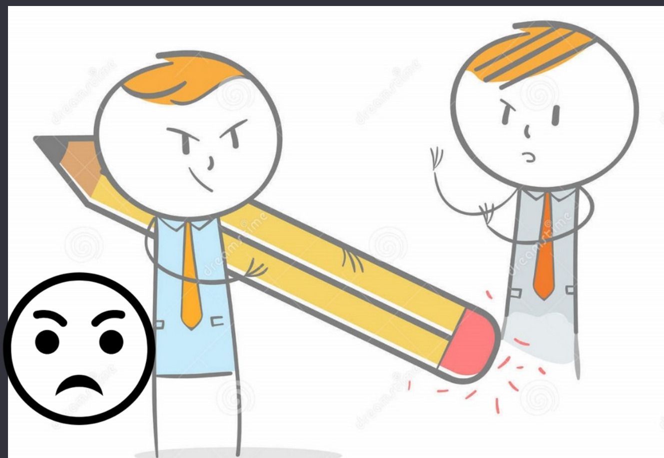





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Jewelry District






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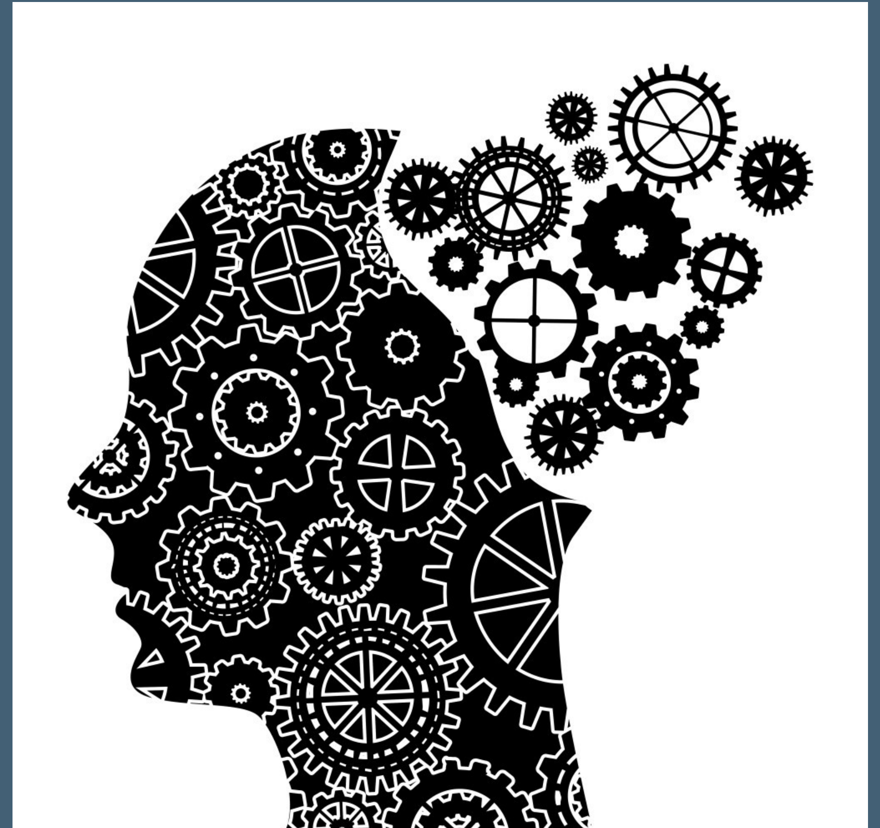












4. The whole system for peace and prosperity

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MSC GÜLSÜN
MSC











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